

Personal Image Coaching Workshop

Find out all about your Personal Best Colors, Create Your Personal style & Understand Your Figure!

What You Will Learn

At the end of the workshop, you will be able to:

- Recognize the importance of first impressions & your image;
- Avoid image destroyers that damage others' first impression of you;
- Project a professional image with your outfit, colours & hairstyle;
- Wear your personal best colours;
- Pick the appropriate colours to achieve the desired impact;
- Use colour harmony in their wardrobe and/or make-up to create your desired look;
- Discover your wardrobe personality & identify your body shape;
- Dress to reflect a style of your own & suit your body shape, personality, lifestyle, profession & industry;
- Learn to accentuate your assets & camouflage your figure faults (for ladies);
- Learn all about guidelines on ties, shirts, jacket suits, belts, shoes & socks (for men)
- Flatter your face shape by picking the right necklines, jewelry, eye frames & hairstyle and
- Dress appropriately for different dress-codes

Experience a total revamp of your image and invest in life-time skills of how to dress well by understanding yourself and your body better!

Duration : 2 Hours

Venue : Menara Keck Seng, KL

Price : Non-member RM380 Member RM180